

# High School Uniform Policy

## Dress Code

Educating IAL students is our primary concern. We want to make sure that students are able to focus on school and are not distracted by what they are wearing or by what their classmates are wearing. Listed below is our uniform provider and policy.

IAL has a trusted and convenient uniform provider:

Land's End  
[www.landsend.com](http://www.landsend.com)  
Preferred School Number: 900153065

## Shirts and Outerwear

- A student must wear an IAL uniform polo shirt each day.
- During winter months' students are allowed to wear the school varsity or cardigan sweater over their short or long sleeve school uniform shirt. Students are also allowed to wear their 3.0 or 4.0 sweatshirts or the school hoodie.
- Coats, or any other outerwear, are not permitted to be worn during school hours. They must be left in their book bag or locker all day.

## Pants/Skirts

### Student must wear:

- Students will be permitted to wear only tan/khaki/or navy blue pants and/or skirts are permitted. **Pants may not have any extra pockets and no cuffs. NO CARGO PANTS OR CARGO SHORTS. Tan/Khaki/navy blue shorts will be permitted during extreme hot weather conditions only.** Students and parents will be notified when this is admissible.
- Belts must be worn if there are belt loops on the student's pants.
- Pants must be worn at waist level. Sagging is not permitted at IAL. All pants/skirts must be an appropriate size and fit.

### Students may **NOT** wear:

- Pants with tears or holes.
- Skirts that are more than two inches above the knees.
- Pants, skirts, or undershirts that have patterns, lace, polka dots, stripes, holes, or words.
- Pants that are made of spandex, Lycra, or any other stretch material.
- Sweatpants, wind pants, or cargo pants.
- Brightly colored tights, leg-warmers, knee-high socks or stockings (no fishnet stockings).
- Tight clothing or stretch pants (the student must be able to "pinch an inch" of loose fabric throughout the pants).
- Jeans/denim of any color.
- Rolled up, cut, torn, colored in, drawn on, or otherwise altered uniform pants/skirts.

## Shoes

- Shoes must be tied at all times.
- Shoes must be laced up, with the tongue inside, and tied securely.
- High heels, knee high boots, and open toed shoes (sandals, flip flops, etc.) may not be worn at IAL.
- Boots that have excessive fur, laces, or other distracting items may not be worn at IAL.

## PE Attire

- Students must wear IAL gym t-shirts and IAL sweatpants or IAL shorts for physical education classes.
- **No jeans, jean shorts, cut offs, lycra or spandex are allowed for PE.**
- Students must wear sneakers for PE.

## Jewelry and Make Up

- Earrings may not be oversized or distracting to the eye.
- Sunglasses and non-prescription glasses may not be worn as an eye accessory.
- All necklaces must be tucked inside the shirt at all times throughout the day.

## Students may NOT wear:

- Heavy or exaggerated makeup. Those wearing excessive makeup will be made to remove it. Makeup, perfume, lotion, or other cosmetics are not to be applied anywhere but in bathrooms.
- Unusual non-prescription color contact lenses or non-prescription glasses.
- Distracting or oversized bracelets and wrist wear.
- Any chains – wallet chains or chains worn as jewelry.
- Suspenders, either worn properly, down by ones side, or worn as a belt.
- More than one belt or a belt that does not fit in the belt loops.

## Head Covering

- No hats or other head coverings are permitted, including scarves, headbands, and bandanas are permitted in the building. They must be removed before entering.
- Those who need religious exceptions should notify the school at the beginning of the year.

## Distracting Clothing

### Students may NOT wear the following...

- Any articles of clothing or accessories that have skulls, Playboy Bunnies, or that refer to drugs, sex, racist sentiment or death.
- Any article of clothing, accessories, or markings on clothes or skin that could be perceived as gang or crew related.
- Students may not have any tattoos exposed while at school or any IAL function. If they have a tattoo exposed that has a racist, sexist, or bigoted meaning or alludes to drugs, sex, or violence, they will be suspended and will need to cover the tattoo before returning to school.
- Any clothing or jewelry that is determined by any teacher or staff member to distract from the learning process will not be permitted.
- Any additional items that the school feels may be distracting to students.